

STEM Student Support workshop schedule September 2023

- Tutoring, instructional guidance and success strategies included in each session as needed
- Flexible time span- drop in or stay !
- *** **Meet in the Tutorial center on SRJC campus** **

Please join any or all of the following study sessions. Suggested topics are just that- **any session can be tailored to the needs of the student(s) attending.** For a more personalized approach, please email the instructor. Judy Barcelon - jbarcelon@santarosa.edu

September:

Monday	Tuesday
4 Labor Day- Campus closed	5 9am to 12 noon Topic: Note-taking strategies
11 10 am to 1 pm Topic:Preparing for Lab exams	12 9am to 12 noon Topic: Managing Test Anxiety
18 10 am to 1 pm Topic: Goal Setting: Time Mgmt	19 9am to 12 noon Topic: Study Smarter not longer
25 10 am to 1 pm Topic:: Focus & Concentration	26